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color images of red-sandstone formation, Lockwood's book showcases more than just the climbing.

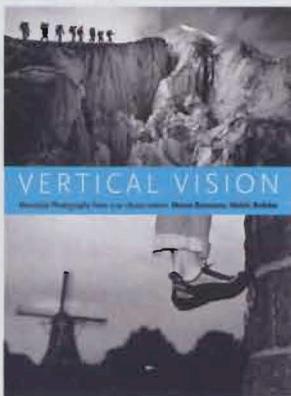
Covered is Araps' 400-million-year history, including stints as a stone island in the South Sea, as a cultural center for the aboriginal Djurid balug clan, and, most recently, home to the activities of white newcomers. Of course, there's the climbing history, too: the earliest forays (1963) up through Wolfgang Güllich's *Punks in the Gym* (the world's first 5.14a; 1985), and beyond. Lockwood's book reawakened the sense of magic I felt as, surrounded by garrulous birds, I paid slack from the legendary crag's sandy base. —Justin Roth



## A Climber's Ethiopia

Climbing and culture cross paths in Majka Burhardt and Gabe Rogel's *Vertical Ethiopia: Climbing Toward Possibility in the Horn of Africa* (\$37.99, [majkaburhardt.com](http://majkaburhardt.com)). This 149-page, full-color vertical-format photo book documents the 2007 journey of Kristie Arend, Burhardt, Helen Dudley, and Caroline George to northern Ethiopia. "Extreme sports?" one Ethiopian asks in the book. "They are an American invention. In Ethiopia, we don't need them. Life is extreme."

*Vertical Ethiopia* navigates a rarely explored landscape, with seemingly endless climbing opportunities...were it not for the soft, soft rock. (See Burhardt and Rogel's feature in No. 263.) The photos document first ascents, but Burhardt and Rogel thoughtfully capture Ethiopian culture, too. *Vertical Ethiopia* is an artistic book, its appeal reaching far beyond the climbing set. —Megan Parks

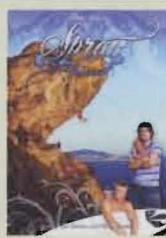


## Vertical Visual Masterpiece

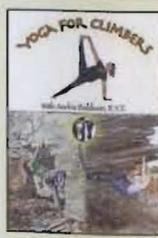
For those of us with unrealized dreams of peak-bagging, *Vertical Vision: Mountain Photography from -5 to +8000 Metres* (45 euro, [focusmedia.nl](http://focusmedia.nl)) is a perfect reminder of what we're missing. In the tome's 200 full-color pages of photos, the Netherlands' Menno Boermans and Melvin Redeker usher us from the flatlands of Holland to Himalayan summits, into the lives of the climbers who ascend these mountains and the people who live amongst them. Images of weathered men and women, curious children, and even a decapitated goat all pale next to the surrounding mountainscapes. *Vertical Vision* is an excellent addition to any mountain lover's collection.

—Andrea Sutherland

DVDs (for full reviews, visit [climbing.com/print/reviews](http://climbing.com/print/reviews))



■ Brian Solano's newest, visually rich joint, *Spray* (\$29.95, [spraymovie.com](http://spraymovie.com)), follows Joe Kinder, Chris Lindner, and friends around the NorCal coast as they search for the soul of climbing, hitting classics like *Surf Safari* and adding great climbs of their own.



■ Yoga has always been a good complement to climbing. Now thanks to *Yoga for Climbers* (\$22.95, [yoga-ventures.com](http://yoga-ventures.com)), with its two customized-for-climbers 28-minute sessions, you can practice your rest-day and core-strengthening asanas in front of the boob tube.